



We are spending September 2025 across all our services, thinking about prayer. What is prayer? How do we pray, both individually and corporately? And what practices help us as we engage in this most vital and life giving activity. These Home Group questions are based around the Sunday morning talks at 9.30am as we consider Rhythm, Relationship, Receiving, and Release. More prayer content can be found from our 6.30 and Wed@10 services too.

Home Group Discussion Questions

Starter: What are some of your closest relationships? If you were picking one or two words to describe that relationship, which words would you choose?

1. Outside of requests, what does your prayer life usually look like?

Read Psalm 62

2. Which words or verses of this psalm talk about our relationship with God? Do any stand out to you? Why?
3. In the NRSV version, v1 and 5 say, *“For God alone my soul waits in silence.”* What might it look like for you to practice silence in prayer?
4. V6 and 7 also calls God a *“rock, fortress, and refuge.”* Which of these images speaks most deeply to you in your relationship with God right now?
5. Can you share a time when prayer brought you peace, even before you saw any answers? What happened?

Read Luke 11:1-4 (The Lord’s Prayer)

6. In Luke 11, Jesus teaches us to begin with *“Father, hallowed be your name.”* Why do you think Jesus begins prayer with relationship and worship, before requests?
7. Which line of the Lord’s Prayer speaks most to your life right now, and why?
8. How do you usually read the Bible—more for information, or as a way of listening to God’s voice? What would it look like to make Bible reading more conversational?
9. Moving beyond a prayer list doesn’t mean we stop asking—but it does mean trusting. How can we pray in ways that express trust instead of anxiety?
10. Song of Solomon 2:16 says, *“My beloved is mine and I am his.”* How does this verse describe the kind of relationship God wants with us in prayer?
11. What practical step could you take this week to move your prayer life from a “list” toward deeper relationship (e.g., silence, gratitude, worship, Scripture meditation)?

Finally

1. Pray for each other to experience God not only as a provider, but as a Father.
2. Pray for one another’s next step in prayer (from Q10).
3. Ask if anyone would like accountability in this area - someone to gently check in.
4. Share any other needs and lift them to God together.