

Questions

- 1 With which, if any, of these do you identify in relation to praying?
 - 'I often don't know how to start.'
 - 'I run out of things to say.'
 - 'I just don't get round to it very often.'
 - 'I don't sense much "connection" with God.'
 - 'I pray mainly in emergencies.'
2. Have you tried 5 minutes of focusing on God (alone) each day?
If and when you have, how was it?
3. How do you react to the instruction in Matthew 6: 6 '*When you pray, go into your room, close the door and pray to your Father, who is unseen.*'
For you, does that feel encouraging ... or ... a bit daunting?
4. Read Hebrews 1: 1-3. Consider how the focus of our access to God changed compared to Old Testament times.
5. Read Hebrews 4: 15-16. How does this, how can it , 'lift' our entry into praying to our God?
6. Matthew 5: 10 '*Your kingdom come, Your will be done, on earth as it is in heaven.*' What does praying this imply for eternity and for us now – as individuals, KPC and the wider church?
7. How revolutionary to our thinking and approach to prayer might ('should') Romans 8: 26 be?
8. God is here and God speaks. When you stop to listen, do you trust your God to speak?
Can you trust yourself – with the help of the Holy Spirit (*and the Bible and maybe counsel from others*) – to hear and move forward in faith?